

2020-21 MHSAA SPORTS HEALTH QUESTIONNAIRE

Frequently Asked Questions

Updated -08/03/20

- 1. Are electronic signatures acceptable on the Health Questionnaire?**
Yes. See MHSAA Handbook Interpretations 16 and 17.
- 2. Can a school still require selected students or all students to receive a complete physical exam?**
Yes.
- 3. Can a parent still require their child to receive a complete physical exam?**
Yes.
- 4. If a student already received new 2020-21 physical (on or after April 15, 2020), do they need to complete the Health Questionnaire?**
No.
- 5. Does a valid physical exam from 2019-20 apply to students in any grade (5-11) and then the Health Questionnaire will meet the requirement for participation in 2020-21.**
Yes. If a student received a valid sports physical exam during the 2019-20 school year (one completed on or after April 15, 2019), they may complete the Health Questionnaire for 2020-21.
- 6. Does the new 2020-21 Health Questionnaire apply to the fall, winter and spring seasons?**
Yes. If a student received a valid sports physical exam during the 2019-20 school year (one completed on or after April 15, 2019), they may complete the Health Questionnaire for 2020-21 for all seasons.
- 7. Do schools still need to have the Health Questionnaire on file in the school prior to practicing, as is the case with the physical?**
Yes.
- 8. What if the school cannot confirm that a valid sports physical exam exists from the 2019-20 school year (one completed on or after April 15, 2019)?**
If the school cannot confirm that a valid sports physical exam exists from the 2019-20 school year, the student needs to have a new sports physical exam for 2020-21.
- 9. Does a new student (incoming 9th grade or transfer student) need to produce their 2019-20 valid physical exam (along with their 2020-21 Health Questionnaire) to the new school athletic director prior to practicing?**
Yes.
- 10. Will a valid 2019-20 physical exam from another state, province or another school district be permitted along with a completed Health Questionnaire?**
Yes.
- 11. In 2020-21, what occurs if the school discovers a student participated in a contest without a valid physical from 2019-20 and/or a completed 2020-21 Health Questionnaire?**
Once discovered, the student is ineligible from further competition until the documents are submitted to the school. In 2020-21 only, forfeiture of contests will not be required. However, the student may not participate any further without the completion of either document.
- 12. What if a parent or student refuses to sign and complete the Health Questionnaire?**
If a student or parent refuses to sign and complete the Health Questionnaire, the student may not participate in athletic practices or competitions until the Health Questionnaire or a valid sports physical exam is submitted.
- 13. Where can I find more information about MHSAA Examinations?**
See the MHSAA Handbook Regulation I, Section 3, Interpretations 16-20.
- 14. If a student indicates they have had COVID-19, should they have a physical, even though they may qualify for the Health Questionnaire?**
Yes.
- 15. Does a yes answer on the Health Questionnaire require a physical exam from a MD, DO, NP, PA prior to participation?**
Yes.